

FULLERS

DREAM GARDEN

Magazine

June 2024



Welcome,

June Is Here . . .

With warmer days and evenings we will be spending more time in our garden. This might be relaxing after a day at work, or entertaining family and friends. In this issue, we look at how to make your garden more inviting with the latest furniture and accessories for our outdoor spaces. Also have a look at our plant profile to see what addition you could add to your garden to add colour and interest.

We have our usual articles on creatures and critters, maintenance matters and Ed's thoughts. This month's garden showcase will also show you how a small change to your garden can make a big difference.

If you would like to see how we can make a difference to your garden then give us a call or email.

Enjoy this month's magazine.



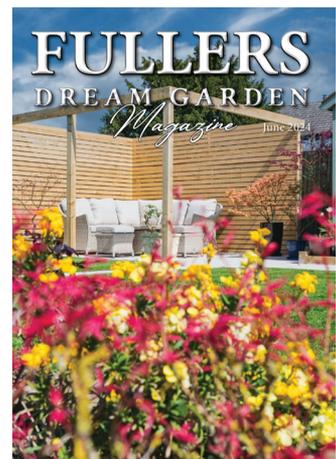
Ed Fuller
Director of
Fullers Landscaping.



FULLERS
LANDSCAPING

On the cover

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ADDRESS: 1 Elder Close, Witham St Hughs, Lincoln, LN6 9NS

EMAIL: fullerslincolnoffice@gmail.com

PHONE: 01522 868717

WEBSITE: www.landscapinglincolnshire.com

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Things To Do In The Garden This Month

- Keep watering your flowers, including the pots and hanging baskets.
- Cut the foliage of daffodils and tulips down to the ground.
- Spray roses to protect them from pests and disease.
- Hoe borders to keep down weeds or treat with weedkiller.
- Mow our lawn at least once a week and consider leaving some areas uncut for wildlife.
- Apply a combined weed, feed and moss killer to your lawn if you think it needs it.
- Edge your lawn when you mow it.
- Lightly trim new growth on box hedges.
- Plant out summer bedding.
- Plant out leeks and brassicas and pinch out sideshoots on tomatoes.
- Harvest lettuce, radish and early potatoes.
- Clean Filters of pond pumps.

Did You Know?

Romans used 'stone mirror' sheets (semi-transparent minerals such as selenite or mica) or oiled cloth stretched over frames to grow cucumbers for the emperor Tiberius at his palace on the Isle of Capri. These were known as specularia (meaning glazed). After the Romans, it took many centuries before effective greenhouses would be built again in Europe. As renaissance explorers and scientists brought more and more valuable, beautiful or delicious plants from the new world, European aristocracy continually experimented with greenhouses.

While 'orangeries', 'pineries' (for pineapples) and 'conservatories' were popular additions to stately homes throughout the enlightenment the Victorian age saw modern-looking, glass-and-steel greenhouses take off among amateur and aristocratic gardeners alike, with greenhouses becoming huge engineering projects. Kew Gardens' famous Palm House, Chatsworth House's Great Conservatory and the famous Chrystal Palace in London were among them.

What Looks Good This Month

OUR FAVOURITE PLANTS FROM THE GARDEN



RODGERSIA PINNATA

Also known as Buckland Beauty, this plant likes a moisture-retentive soil, without being waterlogged. After flowering the flowerheads in this cultivar turn dark red, and are excellent for use in dried flower arrangements.



OENOTHERA STRICTA

This is the pale-yellow version of the Chilean evening primrose. The scented flowers open a pale yellow in late afternoon, each one turning by the morning to a wonderful apricot colour for its final few hours before dropping. The whole effect is accentuated by the fact that it has a purple-red flush to the buds and stems.

CAMPANULA LATIFOLI

White, bell-like flowers. Great for edging. Masses of pretty, pure white, bell-shaped flowers among heart-shaped, mid-green leaves. These elegant bellflowers look great cascading over the edges of a sunny rock garden or raised bed. Robust and long flowering, this is a useful little perennial for filling in gaps.





IRIS ENSATA 'ROSE QUEEN'

Still known by some as *Iris kaempferi*, the Japanese water iris is one that is happy when in growth under shallow water, but prefers to be drier when dormant. However, it doesn't need to be grown in water as long as the soil is moisture retentive, and it is growing close to water, where it is certainly looks at its best. 'Rose Queen', with its distinctive flower colour, has smaller, more delicate flowers than many other ensatas.

ARISAEMA CANDIDISSIMUM

The distinctive stripy pink spathes of this exotic-looking aroid make it one of the best arisaemas for flowering. It emerges from the ground in June, and quickly produces flowers before the leaves appear. When it is settled these trifoliate leaves can be as much as 45cm across, at which time, it becomes a very handsome foliage plant for late summer.



CONVOLVULUS ALTHAEOIDES

This is a gorgeous climber from the bindweed family. It will either climb or trail, bearing delicate heart-shaped, silver green leaves. From mid to late summer large, funnel shaped flowers are borne and a striking clear pink.

This Month's Plant Profile

ERYNGIUM X ZABELII SEA HOLLIES OR BIG BLUE



Eryngiums are more commonly known as sea hollies because of their prickly leaves and because the natural habitat of some species is in coastal areas. In a garden setting though, all they ask for is a sunny, well-drained spot, for many weeks in summer. This perennial will have silver-green foliage, and they will produce their startling, cone-shaped flowerheads surrounded by a ruff of vicious-looking intense-blue bracts. Big Blue' lives up to its name and would make a bold addition to dry, sunny borders and gravel gardens where the 'everlasting' blooms will attract masses of bees.

There are several cultivars available of this hybrid varying slightly in the intensity of the blue, both in the flowerheads and the flower stems, but all are good. Easily propagated by root cuttings in late winter.

DIERAMA PULCHERRIMUM ANGELS FISHING ROD



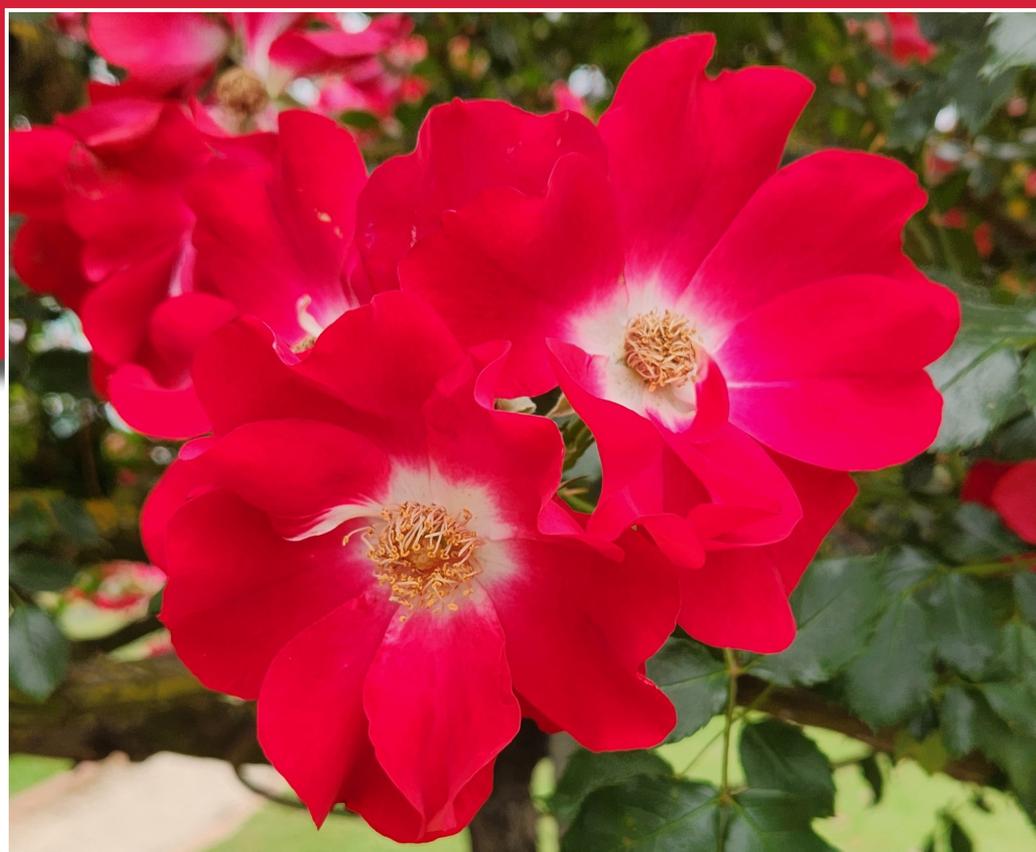
Wand flowers, or more romantically angel's fishing rods, are a perennial with wiry, evergreen, grassy leaves with pink, purple, white, or pale amethyst, bells hanging beneath. The silvery seedheads that follow are also attractive, moving in the slightest breeze. Dieramas are actually bulbs from South Africa, most of the species growing at altitude, which makes them hardy in most of the UK. Angel's fishing rod is perfect for introducing movement to a well-drained border in a sunny, sheltered site, or for overhanging water. Initially slow to establish, it looks particularly good with early autumn-flowering ornamental grasses. Unfortunately though, as it is quite deep rooted, it is not suitable for pots.

Water freely during the growing season, but avoid excessive wet or waterlogged ground conditions during the winter. Cut away old foliage in early spring and if necessary lift and divide congested colonies at the same time.

ROSA 'DORTMUND' KORDESII ROSE

A climbing rose that offers glossy green foliage and clusters of white-centred, red flowers throughout summer and into autumn, which are then followed by attractive orange hips.

It is a vigorous climbing rose and can get to 2.5m in height, and watch out for the thorny stems when you prune it.





Creatures and Critters

YOUR GUIDE TO ENCOURAGING AND CARING FOR WILDLIFE IN YOUR GARDEN

June is often a bumper month for spotting butterflies in the garden. Many species will be laying eggs and, for those that laid earlier in the year, some species of caterpillars can now be found. Look carefully on your plants! You can help butterflies by growing plants for early summer nectar. Good options include lavender, Erysimum 'Bowles's Mauve', ceanothus, cotoneaster, aquilegia, hawthorn and cornflowers.

June and July are the main months for hoglets to be born, with hedgehogs having on average a litter of four or five young. It is essential not to disturb nesting hedgehogs or the mother may abandon her hoglets.

You can leave a source of food and clean water for hedgehogs foraging in the evening. Hedgehogs can travel a mile a night to feed. One of the most important things you can do is to allow access between neighbouring gardens, creating 'hedgehog highways'. This could be as simple as a small hole at ground level between fences – you can also purchase special hedgehog crossings if you would like to make a feature of it



PLANTS FOR INDOORS



Houseplants bring colour, character, style and a valuable touch of nature into our homes. Healthy, thriving houseplants are not only a joy to look at, they can also help to boost our mental well-being and improve our indoor air quality. Whether you want a bold structural statement, a lush jungle vibe or a delicate floral display, there are lots of beautiful houseplants to suit.

Our warm homes give us the perfect chance to grow an exciting array of exotic plants that wouldn't survive outdoors. But conditions vary in different parts of our home. Not all our rooms offer consistent temperatures, and light levels will differ, depending on the size and direction of the windows. The air tends to be more humid in bathrooms, but drier in living rooms, especially in winter when the central heating is on.

So the main priority is to select houseplants to suit your location, to ensure they will thrive and look their best without too many problems or excessive maintenance. Here is some information on what plants will thrive in each room;

SUNNY ROOM

As a general rule, plants with silvery leaves, succulents and cacti will all be happy in the limelight. Fleshy, waxy leaves like those of kalanchoes and aloes are perfectly suited to sunny spots. Think desert plants rather than rainforest ones. Avoid ferns and lush-looking plants with thin, soft leaves like calatheas. Ideal plants would be;

- Aloe Vera
- Echeverias

- Kalanchoe
- Hipeastrums

SHADY ROOM

Houseplants bring colour and life into a home – and this is especially valuable in darker rooms, such as those that face north or have small windows. But how do you find plants that will thrive in lower light levels? Luckily many popular houseplants originate in shady forest floors and can take shade in their stride. Here's a selection of the best plants for darker spots

- Ivy
- Aspidistras
- Ferns (such as Boston Fern)
- Begonias
- Slipper Orchids
- Golden pothos
- Cactus

BATHROOM

When choosing houseplants to bring your home to life, greening up your bathroom might not be top of your list. However, a bathroom can actually provide a unique opportunity for a range of popular houseplants to thrive. Some examples are;

- Spider Plant
- Maidenhair Fern (Adiantum)
- Umbrella Plant (Cyperus)
- Clubmosses (Selaginella)
- Mind-your-own-business (Soleirolia)



Putting Your Garden in Shade!



Hopefully this summer we will have gloriously sunny and hot days, warm evenings and lots of opportunities to enjoy it! However, some of us prefer things a little cooler and don't like to be in the sun too long. There are many ways that you can ensure you have shade in your garden so you can be outside longer.

Of course, if your garden is big enough, planting some trees is a wonderful, long-term solution. If you already have mature trees then you can create an inviting seating area, and then for the evening have some solar lights hanging in the branches. However, if you are starting from scratch trees will take many years to grow, and you won't benefit from their shade for quite some time, so you may have to think about an instant yet stylish solution.

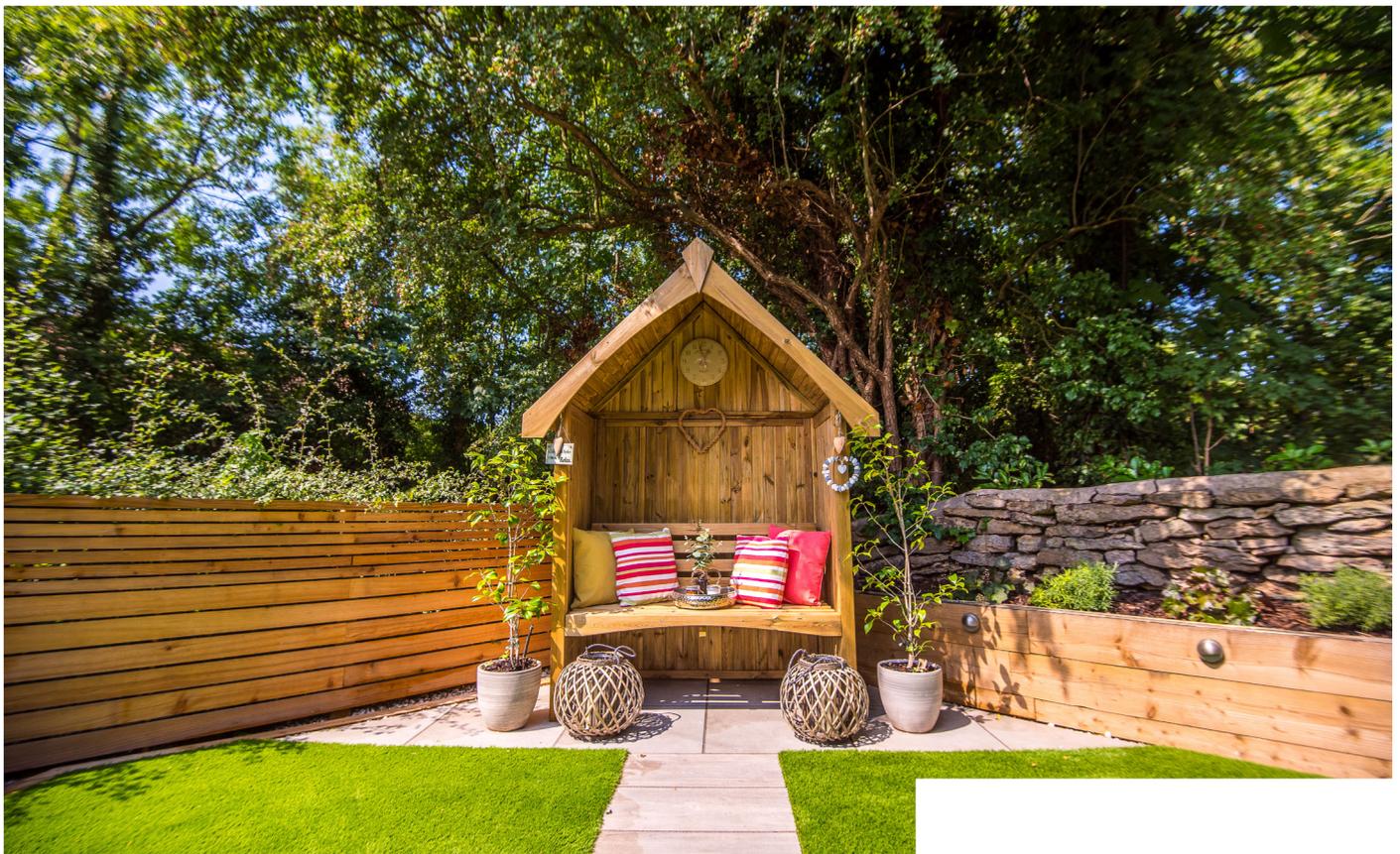
One of these solutions is Sail Shades. These are fabric structures like a ship's sail, hung from anchor points to create an area of shade outdoors. They offer unparalleled flexibility when it comes to creating a stylish custom shade solution for the garden. Available in many shapes and sizes, these semi-permanent structures can be mounted in almost any position, at any angle and against most surfaces to provide soothing shade for even the most difficult to reach areas. You can take them down and store them over the winter so they last longer, and if you want to make a change to your garden then using a different coloured or shaped sail will give you an instant transformation.



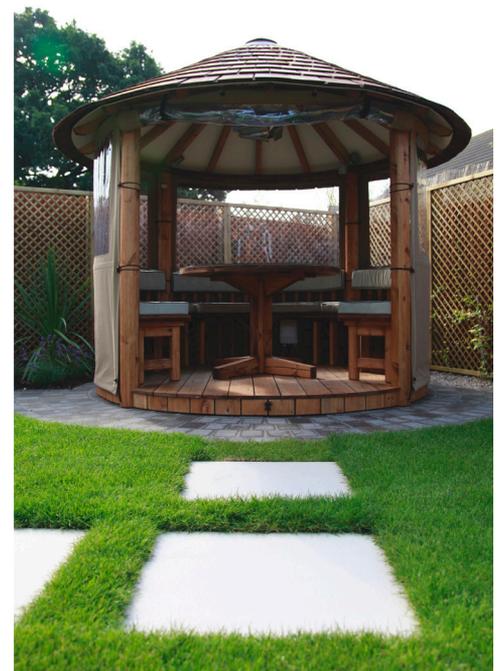
Pergolas can provide shade as a free-standing structure or being attached to a wall. They can be made from timber or aluminium and so you can ensure you get one that suits the size and style of your outdoor space. You can get some which have louvered roofs which will enable you to let some sunlight in if you wish. They can also have detachable or sliding sides. These are great if you already have an existing patio. Aluminum ones tend to be 'off the peg' and so will be available in certain sizes, however, we can create bespoke timber ones that will fit the space.



You can use an arbour to create a seating area with shade. These can come in a variety of sizes and are great if you have a small area. Even if they are not used all the time they can create a great focal point in a garden. You can add your own stamp with cushions and add solar lights to make it a great place to sit and enjoy the evening. They are also the perfect place to grow some climbing plants which will create an intimate atmosphere.



Finally, a gazebo can provide a seating area with shade, and again these can come in a variety of sizes and styles to suit your garden. Some can come with a choice of roofs – from thatched, to cedar or timber. Arrange some outdoor sofas, cushions, rugs and plant pots inside, and you'll have created the ideal place to entertain and relax. We have installed one that had removable sides, and heating so it could be used in the colder months of the year.



Garden Showcase of the Month

We get to work on some amazing projects and we thought we would share them with you. They can hopefully provide you with inspiration for your own dream garden.



Small Change, Big Impact

Project Year: 2023

Location: Saxilby, Lincolnshire

Sometimes it is only part of a garden that needs changing or upgrading, and we can assist with these alterations. This project is an example of how we can achieve this, as the clients only wanted a seating area created in one corner of their outdoor space and new paving.

The garden is on two levels and we replaced the paving around the back and side of the house which is the lower part, and then created steps up to the existing lawn area, a path through the middle of the garden to a new seating area and paving around their existing sheds.



The paving is porcelain which gives a modern feel to the garden, and the uniform colour fits with the square lines of the lawn. The same paving was used throughout to ensure cohesion between the two levels. Furthermore, the colour of the paving worked well with the existing dark walls, as it was lighter and contrasted well.

The seating area feels like an independent area, while also being part of the overall garden. This is because the corner is defined with a slatted screening and a pergola frame. As we have only added to the garden

and the mature planting remained, thereby the new additions feel as though they have always been part of the scheme, and overall plan for the garden. The addition of pots and the garden furniture instantly makes this area feel established.

We find that sometime less is more, and a small change can make a big impact on your garden. We can make changes to a part of a garden, but we can also design a whole garden and break up the construction of it into a number of phases.





Ed's Thoughts!

BESPOKE SPACES



We have been lucky enough to create some amazing gardens. We have also been asked to do projects that involve something unique and bespoke.

One of these projects was to design and garden around an art sculpture that the clients had bought. Before they had approached us, they had bought a sculpture that they loved and knew they wanted it in their garden. It was a silver steel abstract shape with moveable parts. A large windchime!

We located it so that it could be seen from both their house and garden room. We then used a curved wooden frame and two-ring effect with edge sets to enhance it as a feature.

Another bespoke feature that we were lucky enough to work with was a tornado jet engine afterburner! The client just so happened to have one wanted to have it as a unique firepit. We positioned it in the centre of their paved area, and when its not being used a top is put on it and it becomes a bespoke outdoor table!

I love it when we can create something unique. It may require some problem-solving, thinking outside the box, and a bit of imagination, but I love creating bespoke gardens for my clients.





Maintenance Matters

Timber Treatment

Now is the time to check and repair pergolas, arbours and arches if needed. Maintaining the upkeep of wooden structures is paramount as it directly influences their endurance, structural soundness, and visual allure. Regular maintenance is a proactive defence against the detrimental effects of natural elements. By tending to these structures diligently,

In a dry spell we would recommend that you treat timber structures by washing regularly and treating with an oil-based wood stain or paint. The advantage of using an oil-based solution to protect outdoor structures is that it prevents water, dirt and sunlight from ruining its integrity (and lasting longer). Any surface debris or mould that builds up from being outside can easily be removed with a stiff brush and washed off with a solution mixture of warm water and washing up liquid.

When you are using wood preservatives and stain do this in a well-ventilated space, to reduce the risks to your lungs and eyes. Make sure you use appropriate products. Creosote, for example, is no longer legal.

Go through your shed and remove any old, out-of-date garden chemicals. If in doubt of how to dispose of them, your local authority tip should be able to help.

Pretty in Pink

Pink is a common flower colour, so you're spoilt for choice when choosing pink-flowered plants to grow in your garden. There's a huge range of pink tones to choose from, from almost white pink-blushed flowers and pale pastel pinks, to darker, shocking pinks at the other end of the spectrum. Bear in mind there are plenty of different flower shapes to choose from, too, so if you want a completely pink border you can still grow a huge range of flowers that look and smell different, but have the colour pink in common.

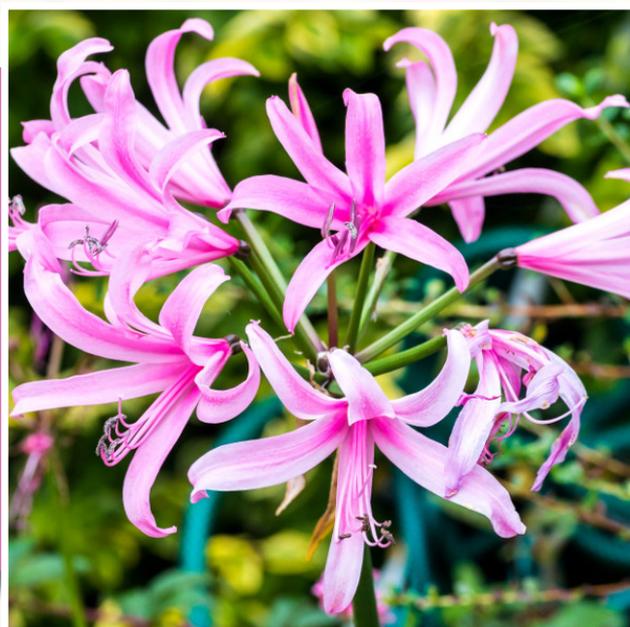


ASTRANTIA 'BUCKLAND' (MASTERWORT)

Dusty pink flowers are surrounded by broad, silvery white bracts, which have attractive green veining and tips. This astrantia often comes into bloom earlier than many of the other cultivars, but as the flowers are sterile it will never become a nuisance. The flower heads make delightful additions to fresh cut arrangements and last well when dried.

NERINES 'PINK TRIUMPH'

Nerines put on a wonderful display of lily-like flowers in late autumn, in shades of pink, white and red, against strappy foliage. They work well in borders and containers and make great cut flowers, too. Nerines are bee-friendly, providing pollen and nectar at the end of the season.





ASTILBE 'FALSE GOATSBEARD'

Astilbes are great value plants as they bring colour and texture to those tricky, damp and shady parts of the garden. They produce masses of attractive ferny foliage, and elegant plumes of feathery flowers emerge from late spring through the summer months. These fluffy plumes are given them their common name of 'false goatsbeard'. They come in varying sizes from small front-of-border plants to tall varieties up to 2m in height. Perfect for woodland-style planting schemes, astilbes team up well with other shade-tolerant plants such as Hostas and Rodgersias.

PENSTEMONS 'DARK TOWERS'

Penstemons are valuable garden plants, grown for their long-flowering season and popularity with bees. There are many different types of penstemon, with some suited to the alpine garden while the majority are at home in the heart of a herbaceous border. Border penstemons have tubular late summer flowers in a wide range of colours. The flowers look very similar to those of a foxglove.

If you're looking at your border in late summer and need to add some instant colour, penstemons are the answer. Plant in groups of three or five for impact. Most border penstemons will continue to flower up until the first frosts.



Garden to Kitchen

This Month's Recipe

COURGETTE & BROAD BEAN RISOTTO WITH BASIL PESTO

Make this vibrant risotto with courgettes and broad beans to make the most of summer veg. Swirl through pesto for a fabulous starter or main.

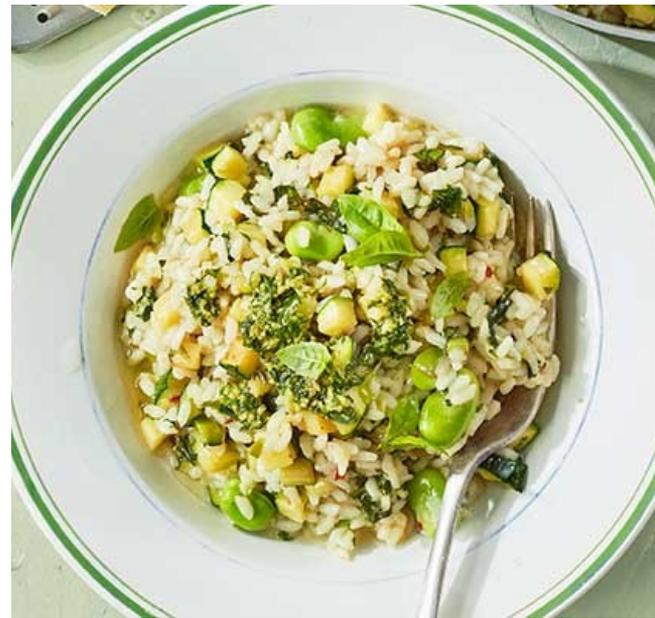
PREP TIME: 20 MINS

COOK TIME: 30 MINS

SERVES: 2 as a main or 4 as a starter.

Ingredients

- 3 tbsp olive oil
- 1 tsp butter
- 2 medium courgettes (about 350g), cut into 1-2cm dice
- Pinch of chilli flakes or pul biber
- Pinch of grated nutmeg
- 2 spring onions, finely sliced
- ½ lemon, zested
- 150g risotto rice
- 75ml dry white wine or vermouth
- 750g warm vegetable or chicken stock
- 80g broad beans, blanched and peeled
- Courgette flowers, stamen removed and petals torn (optional)
- 20g parmesan or vegetarian alternative, grated, plus extra to serve
- 4 bsp of your favourite basil pesto.



Method

STEP 1

Heat the oil and butter in a large non-stick frying pan over a medium heat. Add the courgettes, sprinkle in the chilli flakes and nutmeg, and season with salt and pepper. Fry for 3-5 mins until the courgettes are golden and softened. Add the spring onions and lemon zest, and stir for a minute or two. Tip in the rice and stir to coat in the oil until translucent, about 2 mins.

STEP 2

Pour in the wine, then cook for a couple of minutes until it's mostly evaporated. Add a ladleful of the stock and stir for a few minutes until it's absorbed. Continue adding a ladleful at a time for 20-30 mins, stirring continually, until all of the stock is absorbed.

STEP 3

Stir in the blanched broad beans and flowers, if using, and warm through for 2 mins. Remove from the heat and stir through the parmesan. Allow to sit for about 5 mins, then swirl through half of the pesto.

STEP 4

Divide the risotto between bowls and scatter with the extra basil leaves, extra cheese and more pesto, if you like.

Monthly Puzzle

SPADE SHEARS TROWEL RAKE
 GLOVES FORK LOPPERS SECATEURS

D	W	Z	H	J	O	X	S	Y	N	G	Z	F	G	Q
U	Z	J	X	V	R	H	A	R	L	R	C	L	O	T
X	T	Z	S	P	C	R	Z	O	E	Y	G	L	T	J
S	H	E	A	R	S	T	V	K	H	P	I	S	D	O
N	D	I	R	B	O	E	R	L	A	I	P	H	P	X
U	P	S	J	S	S	V	M	O	Q	P	M	O	Y	X
N	C	C	K	R	Y	O	T	F	W	R	A	K	L	E
I	L	D	B	U	I	O	H	S	W	E	K	R	O	F
H	H	U	A	E	F	L	F	L	P	H	L	R	Z	K
N	C	C	D	T	D	H	B	F	X	O	G	A	M	G
W	Q	A	J	A	S	Y	H	P	K	D	Y	K	X	T
V	P	L	V	C	P	U	I	G	X	V	Z	E	T	S
S	J	W	Z	E	U	S	E	B	K	C	X	V	L	H
T	V	W	I	S	T	Q	V	A	I	P	G	N	R	K
P	S	Y	F	D	O	N	T	O	F	E	A	B	V	G



Contact Us

If you are looking for a landscaper who can transform your garden, get in touch with Fullers Landscaping now.

 01522 868717

 landscapinglincolnshire@gmail.com

You can also find us on social media

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Registered Company Number: 11493946

Name: Fullers Landscaping Limited

Address: 1 Elder Close LINCOLN LN6 9NS

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The whole experience, from the initial design, through to the completion of our garden, has been excellent. A big thank you to all involved, the Designer, the Project Manager, the team of Landscapers & the Admin, everyone have been friendly, helpful, & nothing has been too much trouble. An excellent team who have delivered a great garden within the timescale indicated. We would have no hesitation in recommending Fullers to anyone considering landscaping their garden

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